

# Wilderness & Remote First Aid

The Wilderness First Aid course includes training on what to do in the case of:

- + Head (Brain), Neck and Spinal Injuries, Heat-Related Emergencies
- + Hypothermia, Altitude-Related Illnesses, Allergies and Anaphylaxis, Burns
- + Bone and Joint Injuries, Wounds and Wound Infections

The course is based on the Boy Scouts of America's "Wilderness First Aid Curriculum and Doctrine Guidelines" and has been reviewed and/or supported by the American Camp Association, American Canoe Association, and the National Recreation and Park Association. Wilderness and Remote First Aid also offers enhanced content and topics to meet OSHA's Best Practices for Workplace First Aid Training Programs.

Course participants must be at least 14 years of age and possess current certification in Adult Cardiopulmonary Resuscitation/Automated External Defibrillator (CPR/AED).

## Important Notes:

- WFRA Participant manuals and skill sheets will be mailed to the address provided during registration. Participants are expected to review this material prior to the course.
- Please come dressed appropriately for the weather, some of the instruction will take place outdoors.

**Course times:** Saturday 8:30 am – 4:30 pm and Sunday 8:30 am – 4:30 pm.

**Course location:** White Lodge, Nobscot Scout Reservation, Sudbury, MA

**Fee: \$90**

**Registration Deadline: 1/7/2018**

Late registration at the discretion of the course director.